

WQF WORLD CUP QUADRATHLON SPRINT DISTANCE TÝN NAD VLTAVOU CZECH REPUBLIC 24.6.2023

LOCATION: Canoe club KKJ Týn nad Vltavou, Solní 422 , Týn nad Vltavou
CATEGORIES: Juniors M/W 18 – 19
Sub -23 M/W 20- 22
Elite M/W 23 – 39
Masters- M/W40(40-49), M/W50(50-59), M/W60(60-69)/M/W70 +
(The category allocation is determined by the year of birth)
DISTANCES: Solo:Swim 0,75 km Bike 21 km Kayak 4 km Run 5 km
Relay: Swim 0,75 km Bike 21 km Kayak 4 km Run 5 km
Relay) open race sprint quadrathlon
Swim 0,75 km Bike 21 km Kayak 4 km Run 5 km
TIME LIMIT: after swimming and canoeing sections -2:30 hod

GENERAL RESPONSIBILITY :

- 1) the race is followed by the WQF Rules 2023
- 2) helmet for the cycling part must be safety approved by an officially recognized standardization and testing authority, the cycling helmets must be securely fastened at all times during the cycling course from the moment of leaving the transition area until re-entering it
- 3) the use of wetsuit in swim part is followed by the WQF Rules
- 4) the use of life-jackets in kayak section is recommended
- 5) the participants will not be permitted to receive any assistance from anyone except in the rest stations, the penalty for infringement of the rule is disqualification
- 6) the commissaries of the event, in representation of the organizer, will have absolute authority to disqualify any participant who does not conform to the established regulations
- 7) the medical personnel have absolute authority to prohibit the participation of any person whom they consider not in condition to continue the race without danger to his health
- 8) while any assistance or aid between competitors is forbidden, in case of danger it is obligatory to give help
- 9) each participant will assume total responsibility for his own well-being during the race, and previous to the event all are obliged a medical certificate declaring that their personal health is compatible with participation in these event, it is obligatory that participants are insured against personal accidents
- 10) competitors under the age of 18 may enter only with valid medical sports certificate
- 11) competitors in short distance quadriathlon are not allowed to draft, i.e. take shelter behind or beside another competitor during the cycle segment
- 12) the competitor is obligatory to use the race number provided by the organizer. Not to use it - disqualification

ENTRY FEES :

Elite/Masters	100,- €
	45,- € for member ČTA
Juniors	80,-€
	35,-€ for member ČTA
Relay open	115,- €

It is possible pay by presentation.

PRIZES : the best fifth men and three women

The prize money, can be pay dependent of the registered number of all athletes:

≤ 9 athletes no prize money

10-19 athletes 30%

20-29 athletes 60%

≥ 30 athletes 100%

Both winners of seniors categories receive the medailes. Awards will be presented to the top 3 in each category (male and female). All competitors receive T shirt.

1.	130€,	130€
2.	100€	100€
3.	70€	70€
4.	45€	
5.	35€	

(The prize money will be payed out in accordance with Czech rules)

ENTRY DEADLINE : 24.6.2023

RACE OFFICE AND INFORMATION :

Ing. Arch. Jiří Kobera
Puchmayerova 378
Týn nad Vltavou 375 01
602/103 260, 385 732436
e-mail: kobera@atelierkobera.cz
Number of account: Beneficiary's Bank: GE Money Bank, a.s., Vyskočilova 1422/1a, 140 28
Praha 4 - Michle
SWIFT-CODE: AGBACZPP
IBAN: CZ11 0600 0000 0009 1740 5544

COURSES :

Swim	- river Vltava 0,75 km /1 lap /, water temperature 16-20 st. C
Bike	- 21 km / 3 lap / : asphalted, good surfaced road surround Týn nad / Vltavou-Hněvkovice Týn nad Vltavou /
Kayak	- river Vltava 2 km /2 laps /
Run	- 5 km /2 laps / - town park along the river Vltava

ACCOMMODATION:

- Hotel „Zlatá loď“
- Boathouse /Hostel/ KKJ Týn nad Vltavou
- Camp KKJ Týn

The accommodation request send together with the application form.

APPLICATION:

On-line on :

e-mail:kobera@atelierkobera.cz

Borrowed for kayaks ist in canoe club .The request send together with the application form or contact: +420 602103260, kobera@atelierkobera.cz

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- Bike - 21 km / 3 lap / : asphalted, good surfaced road surround Týn nad Vltavou- Hněvkovice-Týn nad Vltavou
- Kayak - river Vltava 4 km / 2 laps /
- Run - 5km / 3 laps / – town park along the river Vltava

PROGRAM:

9 30- 11 00 hod	Presence
10 45- 11 30 hod	Opening
11 30- 11 45 hod	Meeting
11 45 - 12 00 hod	Presence before start
12 00 hod	Start sprint solo
15 00 hod	Victory ceremony

